

## **Leptin regulates sugar and amino acids transport in the human intestinal cell line Caco-2**

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**Short title:** Leptin regulation of Caco-2 transporters

**ABSTRACT**

**Aim:** Studies in rodents have shown that leptin controls sugars and glutamine entry in the enterocytes by regulating membrane transporters. Here, we have examined the effect of leptin on sugar and amino acids absorption in the human model of intestinal cells Caco-2 and investigated the transporters involved.

**Methods:** Substrate uptake experiments were performed in Caco-2 cells, grown on plates, in the presence and the absence of leptin and the expression of the different transporters in brush border membrane vesicles was analysed by Western blot.

**Results:** Leptin inhibited 0.1 mM  $\alpha$ -methyl-D-glucoside uptake after 5 or 30 min treatment, and decreased SGLT1 protein abundance in the apical membrane. Uptake of 20  $\mu$ M glutamine and 0.1 mM phenylalanine was also inhibited by leptin, indicating sensitivity to the hormone of the  $\text{Na}^+$ -dependent neutral amino acid transporters ASCT2 and  $\text{B}^0\text{AT1}$ . This inhibition was accompanied by a reduction of the transporters expression at the brush-border membrane. Leptin also inhibited 1 mM proline and  $\beta$ -alanine uptake in  $\text{Na}^+$  medium at pH 6, conditions for optimal activity of the  $\text{H}^+$ -dependent neutral amino acid transporter PAT1. In this case, abundance of PAT1 in the brush-border membrane after leptin treatment was not modified. Interestingly, leptin inhibitory effect on  $\beta$ -alanine uptake was reversed by the PKA inhibitor H-89 suggesting involvement of PKA pathway in leptin's regulation of PAT1 activity.

**Conclusion:** These data show in human intestinal cells that leptin can rapidly control the activity of physiologically relevant transporters for rich-energy molecules, i.e D-glucose (SGLT1) and amino acids (ASCT2,  $\text{B}^0\text{AT1}$  and PAT1).

**Keywords:** amino acid transporters, Caco-2 cells, leptin, sodium-dependent glucose transporter 1, western blot

## INTRODUCTION

Leptin was discovered in 1994 and described as an adipostatic signal controlling body weight and adiposity (Zhang *et al.* 1994). Nowadays, however, leptin is considered as a multifunctional hormone with many peripheral actions including immune function, bone development, growth and fertility (Gertler 2009). Accordingly, leptin production has been found in many different tissues in addition to adipose cells (Bado *et al.* 1998, Cammisotto *et al.* 2010, De Matteis *et al.* 2002, Martinez-Ansó *et al.* 1999) and leptin receptors are expressed ubiquitously in peripheral tissues (Gertler 2009, Margetic *et al.* 2002).

In the stomach, after a meal, leptin is secreted into the gastric lumen by pepsinogen-containing secretory granules of the chief cells (Bado *et al.* 1998, Cammisotto *et al.* 2005) together with the leptin soluble receptor which co-localizes in those secretory granules (Cammisotto *et al.* 2006). Leptin secretion from the gastric mucosa is also regulated by acetylcholine released by the vagus nerve, several hormones like secretin, CCK and insuline and the nutritional status of the body (Bado *et al.* 1998; Cammisotto *et al.* 2010). Despite the low pH of the gastric juice, leptin remains stable and is able to reach the intestinal lumen because the binding to its soluble receptor protects it from degradation (Guilmeau *et al.* 2004).

In agreement with these data, we have demonstrated that leptin receptors are expressed in both the apical and basolateral membrane of the intestinal absorptive cells (Barrenetxe *et al.* 2002) indicating that the hormone can access the enterocytes from the blood and from the intestinal lumen. We have also shown in rodents using *in vitro* and *in vivo* techniques, that leptin inhibits the sugar active transporter SGLT1, acting from the luminal side (Barrenetxe *et al.* 2001, Ducroc *et al.* 2005, Iñigo *et al.* 2004, Iñigo *et al.* 2007, Lostao *et al.* 1998). This effect is mediated by PKA and PKC (Barrenetxe *et*

*al.* 2004, Ducroc *et al.* 2005) and is reversible (Iñigo *et al.* 2007). Interestingly, luminal leptin increases peptide absorption in rat intestine *in vivo* and in Caco-2 cells acting from the apical membrane (Buyse *et al.* 2001), as well as butyrate uptake in the same cell line (Buyse *et al.* 2002). In addition, it has been recently demonstrated that luminal leptin also increases GLUT2 and GLUT5 insertion in the apical membrane of the rat enterocytes leading to an enhanced galactose and fructose absorption (Sakar *et al.* 2009). Finally, we recently showed in rat small intestine that leptin inhibits glutamine transport by regulating activity and gene expression of its transporters ASCT2 and B<sup>0</sup>AT1 (Ducroc *et al.* 2010).

Altogether, these observations support the view that gastric leptin can exert a regulatory role on intestinal nutrients absorption in the postprandial state. However, whether leptin can modulate sugars or amino acids absorption in human intestine is not documented. The purpose of the present study was therefore to extend our previous work and investigate in Caco-2 cells, a model of human intestinal epithelial cells, the effect of apical leptin on the absorption of sugars ( $\alpha$ -methyl-glucoside; MG) and the amino acids glutamine (Gln), phenylalanine (Phe),  $\beta$ -alanine ( $\beta$ -Ala) and Proline (Pro), and the transporters involved.

The results show that leptin regulates the uptake of MG and Gln by down-regulating the traffic of the corresponding transporters SGLT1 (SLC5A1), ASCT2 (SLC1A5) and B<sup>0</sup>AT1 (SLC6A19) to the plasma membrane. Transport of Pro and  $\beta$ -Ala was also found reduced by leptin, as the result of a decreased activity of the proton-coupled amino acid transporter PAT1 (SLC36A1) via leptin activation of an H-89 sensitive pathway.

## **MATERIAL AND METHODS**

### *Materials*

The Caco-2 cell line PD7 clone was kindly provided by Dr. Edith Brot-Laroche. The radiolabeled products [ $^{14}\text{C}$ ]- $\alpha$ -methyl-glucoside (303 mCi ml $^{-1}$ ), L-[2, 3- $^3\text{H}$ ]-proline (40 Ci ml $^{-1}$ ), L-[3, 4- $^3\text{H}$ ]-glutamine (30 Ci ml $^{-1}$ ) and L-[3,4- $^3\text{H}$ ]-phenylalanine (30 Ci ml $^{-1}$ ) were purchased from Perkin Elmer Inc. (Life Sciences, Boston, MA, USA) and  $\beta$ -[3- $^3\text{H}$ ]-alanine (50 Ci ml $^{-1}$ ) from American Radiolabeled Chemicals Inc (St Louis, MO, USA). All unlabeled amino acids and  $\alpha$ -methyl-glucoside, were obtained from Sigma Chemicals Inc (St Louis, MO, USA) and human leptin from Peptide Inc (UK).

#### *Cell culture*

Caco-2 cells were maintained in a humidified atmosphere of 5% CO $_2$ -95% at 37°C. Cells (passages 50-70) were grown in Dulbecco's Modified Eagles medium (DMEM) (Gibco Invitrogen, Paisley, UK) supplemented with 10% fetal bovine serum (FBS), 1% non essential amino acids, 1% penicillin (1000 U ml $^{-1}$ ), 1% streptomycin (1000  $\mu\text{g}$  ml $^{-1}$ ) and 1% amphoterycin (250 U ml $^{-1}$ ). Once the cells reached 80% confluence, they were dissociated with 0.05% trypsin-EDTA and sub-cultured on 25 or 75 cm $^2$  plastic flasks at a density of  $25 \times 10^4$  cells cm $^{-2}$ . For transport studies, the cells were seeded at a  $6 \times 10^4$  cells cm $^{-2}$  density in 24 well culture plates. Culture medium was replaced every 2 days. Cell confluence was confirmed by microscopic observance. Experiments were performed 17-21 days post-seeding.

#### *Uptake measurements*

For sugar assays, cells were pre-incubated in serum and glucose-free DMEM, 2 h before the beginning of the experiment. In this medium, used as uptake buffer, 0.1 mM MG (SGLT1 specific substrate) was diluted with traces of  $^{14}\text{C}$  MG (0.3  $\mu\text{Ci}$  ml $^{-1}$ ). For amino acid uptake assays, all the different amino acids (0.1 mM and 20  $\mu\text{M}$  Gln, 0.1 mM Phe, 1 mM  $\beta$ -Ala and Pro) with traces of their respective radiolabeled substrates (2  $\mu\text{Ci}$  ml $^{-1}$ ) were diluted in Krebs modified buffer (also referred as Na $^+$  medium): 5.4 mM KCl, 2.8

mM CaCl<sub>2</sub>, 1 mM MgSO<sub>4</sub>, 0.3 mM NaH<sub>2</sub>PO<sub>4</sub>, 137 mM NaCl, 0.3 mM KH<sub>2</sub>PO<sub>4</sub>, 10 mM glucose and 10 mM HEPES/Tris (pH 7.5) or Mes/Tris (pH 6). To check if the presence of glutamine in the incubation medium could modify the uptake of the amino acid, cells were incubated for 2 h in the absence of glutamine. The results obtained were similar to those in which the cells had been incubated with glutamine until the beginning of the experiment. Therefore, glutamine was present routinely in the incubation medium. In the experiments performed in Na<sup>+</sup>-free medium, NaCl was replaced with choline chloride.

A similar protocol for MG and amino acids uptake assays was followed. Cells were gently washed with substrate free medium and uptake was initiated by adding 0.5 ml uptake buffer in the absence or presence of 0.2 or 8 nM human leptin. These leptin concentrations were chosen because they correspond to the leptin plasma levels in normal and obese individuals respectively and were used in our previous works (Heinonen *et al.* 2005, Lostao *et al.* 1998). In the experiments in which the PKA inhibitor H-89 (Calbiochem, Nottingham, UK) was used, a set of cells were pre-incubated for 30 min with the corresponding uptake buffer containing 1 μM H-89, before the addition of the substrate uptake solution with or without leptin that also contained H-89. In these studies, another set of cells were preincubated for the same time with the corresponding uptake buffer without H-89 before measuring the substrate uptake. After an incubation period of 5 or 30 min at 37°C, uptake was stopped with ice cold free-substrate buffer followed by aspiration. Cells were again washed twice with ice-cold buffer to eliminate non-specific radioactivity fixation and were finally solubilized in 500 μl 1% Triton X-100 in 0.1 N NaOH. Samples (100 μl) were taken to measure radioactivity by liquid scintillation counting. Protein concentration was

determined by Bradford method (Bio-Rad Protein Assay, Bio-Rad laboratories, Hercules, CA).

All the uptake experiments were performed in cell monolayers grown on culture plates. Repetition of some of these studies on cell monolayers grown on permeable membrane filters showed the same effect of leptin indicating that the support did not affect the expression of the nutrient's transporters or leptin receptor.

#### *Western blot analysis*

Cells grown on 75 cm<sup>2</sup> plastic flasks were incubated for 30 min in the presence of 0.1 mM MG, Gln or 1 mM  $\beta$ -Ala with or without 8 nM leptin. After the incubation period, brush-border membrane vesicles (BBMV) were isolated from each flask by MgCl<sub>2</sub> precipitation method (Garriga *et al.* 1999, Shirazy-Beechey *et al.* 1990). The protein content of the vesicles was determined by the Bradford method (Bio-Rad Protein Assay, Bio-Rad laboratories, Hercules, CA). Alkaline phosphatase enrichment of the vesicles was determined by Cobas Mira S auto analyser (Roche Diagnostics, Frenchs Forests, NSW, Australia) and was 2.5-3 fold higher than the cells homogenate.

Solubilized proteins (20  $\mu$ g) were then resolved by electrophoresis on 12% SDS-PAGE mini gels. The resolved proteins were transferred to a PVDF membrane (Hybond P, GE Healthcare) and after blocking in TBS buffer with 3% of BSA for three hours at room temperature (RT), subjected to immunoblot analysis with different primary antibodies overnight at 4°C. The antibodies, used at 1:1,000, were the following: anti-SGLT1 antibody (generous gift from Ernest M. Wright) (Lostao *et al.* 1995); anti-B<sup>0</sup>AT1 (generous gift from François Verrey) (Romeo *et al.* 2006); anti-ASCT2 antibody (Santa Cruz Biotech.). A polyclonal anti-PAT1 antibody raised against residues 107-119 of human PAT1 (Abyntek, Spain) was used at 1:200 dilution. After the incubation with the different antibodies, the membranes were washed three times in TBS-Tween 0.15% and

incubated one hour at RT with the corresponding peroxidase conjugated secondary antibody (Santa Cruz Biotech.). The immunoreactive bands corresponding to PAT-1 disappeared after pre-incubation of the primary antibody with its corresponding control peptide, indicating its specificity.

Membranes were stripped and immunoblotted again with a monoclonal  $\beta$ -actin antibody (Santa Cruz Biotech.) used at 1:1,000, in order to perform the loading control of the different wells. The immunoreactive bands were detected by enhanced chemiluminescence (Super Signal West Dura, Thermo Scientific) and quantified by densitometric analysis (Gel Pro Analyser 3.2). The results are expressed as the ratio protein content/ $\beta$ -actin in % in relation to the corresponding control value which was arbitrarily set to 100.

#### *Statistical analysis*

Results of transport experiments are expressed as  $\text{nmol mg}^{-1}$  of protein. All data are presented as % compared to controls which are normalized at 100%. Statistical differences were evaluated by the two-way ANOVA test or the one-way ANOVA test followed by the *Dunnett* post-hoc test or Student *t*-test for parametric analysis and *U Mann-Whitney* test for non-parametric one. Differences were considered as statistically significant at  $p < 0.05$ . The calculations were performed using the SPSS/WINDOWS VERSION 15.0 statistical package (SPSS, Chicago, IL, USA)

## **RESULTS**

### *Leptin inhibits $\alpha$ -methyl-glucoside (MG) uptake*

The effect of 0.2 nM and 8 nM leptin on 0.1 mM MG uptake was measured after 5 and 30 min incubation. MG uptake after 5 min in the absence of leptin (control value) ranged from 0.20 to 0.47  $\text{nmol mg}^{-1}$  of protein, whereas after 30 min it ranged from 0.93 to 1.37  $\text{nmol mg}^{-1}$  of protein. As shown in Fig. 1a, leptin inhibited by ~25-30% the sugar



uptake at both concentrations. This effect was statistically significant at 5 min, while at 30 min only the highest concentration of leptin was able to significantly reduce the sugar uptake. Under this condition (30 min incubation with 8 nM leptin) this effect was accompanied by a decrease on the amount of SGLT1 (75 kDa) (Lostao *et al.* 1995) in the BBMV of Caco-2 cells.

We previously demonstrated that PKA is involved in the inhibitory effect of leptin on intestinal sugar transport in rat (Barrenetxe *et al.* 2004). We therefore investigated whether a PKA-dependent pathway could also be implicated in leptin inhibition of sugar transport in Caco-2 cells. The uptake of 0.1 mM MG was measured in the presence of 8 nM leptin with and without pre-incubation of the cells for 30 min with the PKA inhibitor H-89. The results showed that H-89 did not modify MG uptake neither in the absence nor in the presence of leptin, indicating that the action of the hormone is not mediated by PKA.

#### *Leptin inhibits amino acids uptake*

The effect of leptin on glutamine uptake was also analysed under the same conditions as MG. After 5 min incubation, 0.2 and 8 nM leptin reduced 0.1 mM Gln uptake by ~30% and ~50% respectively. At 30 min, the inhibition was similar (~30%) for both hormone concentrations (Fig 2A). In these experiments, Gln uptake values in the absence of leptin at 5 min ranged from 1.04 to 1.50 nmol mg<sup>-1</sup> protein, and at 30 min from 2.17 to 4.09 nmol mg<sup>-1</sup> of protein.

The intestinal transport of Gln from the apical membrane of the enterocytes is mainly mediated by two Na<sup>+</sup>-dependent transporters: B<sup>0</sup>AT1 (SLC6A19), with a K<sub>0.5</sub> of 0.6-4 mM, and ASCT2 (SLC1A5) with a K<sub>0.5</sub> of ~20 μM [7, 8, 38, 41] and only weakly by the apical Na<sup>+</sup>-independent heterodimeric transporter rBAT/b<sup>0,+</sup>AT (SLC31A1/SLC7A9) with a K<sub>i</sub> of ~400 μM (Broer 2008, Rajan *et al.* 2000). To

investigate which of the Gln transporters could be implicated in the reduction of the amino acid uptake by leptin, we studied the uptake of Gln at the concentration of 20  $\mu\text{M}$  after 30 min (control values ranged from 0.49 to 0.54  $\text{nmol mg}^{-1}$  of protein) in the presence of 8 nM leptin or 25 mM Phe, since Phe can not be transported by ASCT2 but is a specific substrate of B<sup>0</sup>AT1 (Broer 2008). As shown in Fig. 2b, Phe did not inhibit Gln uptake indicating that B<sup>0</sup>AT1 was not contributing to the amino acid transport. Nevertheless, leptin reduced by 20% the Phe-insensitive uptake of Gln, indicating that ASCT2 is inhibited by the hormone. Uptake of 0.1 mM Phe (B<sup>0</sup>AT1-mediated transport) was also measured in the presence of 0.2 and 8 nM leptin at 5 and 30 min (Fig. 2c). Phe uptake in control conditions was lower than that observed with 0.1 mM Gln: values ranged from 0.46 to 0.74  $\text{nmol mg}^{-1}$  of protein at 5 min and from 1.94 to 3.01  $\text{nmol mg}^{-1}$  of protein at 30 min. Phe uptake was also inhibited by leptin, although with less potency than Gln uptake (Fig. 2c), demonstrating the sensitivity of B<sup>0</sup>AT1 to the hormone. In order to investigate the relative contribution of the Na<sup>+</sup>-independent transporter rBAT/b<sup>0,+</sup>AT on Gln uptake and its possible regulation by leptin, we studied the uptake of 0.1 mM Gln after 30 min, in the presence and in the absence of 8 nM leptin in Na<sup>+</sup> and Na<sup>+</sup>-free medium. In the absence of Na<sup>+</sup>, Gln uptake was reduced by 80% and was not affected by leptin, indicating minimal participation of rBAT/b<sup>0,+</sup>AT in Gln uptake in Caco-2 cells and unsensitivity to the hormone (Fig. 2d).

The expression of B<sup>0</sup>AT1 and ASCT2 in Caco-2 BBMV in the presence and the absence of leptin was then analysed by Western blot (Fig 3). As occurred with SGLT1, leptin decreased the expression of both B<sup>0</sup>AT1 (~60 kDa) (Romeo *et al.* 2006) and ASCT2 (~60 kDa) (Nose *et al.* 2010) in BBMV compared with their expression in control condition, in line with the reduced uptake of Gln observed in the transport experiments. As for the sugar uptake experiments, we analysed the possible implication

of PKA in the leptin regulation of Gln uptake. Figure 3b shows that pre-incubation of the cells with H-89 did not affect basal uptake of 0.1 mM Gln. However, H-89 enhanced the inhibitory effect of leptin on Gln uptake suggesting the involvement of a PKA-dependent pathway in leptin action.

PAT1 (SLC36A1) is responsible for the H<sup>+</sup>-coupled amino acid transport through the apical membrane of Caco-2 cells (Chen *et al.* 2003). In order to investigate whether this transporter could be also regulated by leptin, we first checked its functional presence in the Caco-2 PD7 clone. Uptake of 1 mM proline (30 min) in the presence of Na<sup>+</sup> increased by ~20 % compared with the uptake in the absence of Na<sup>+</sup> (Fig. 4a). When the medium pH decreased from 7.5 to 6, Pro uptake increased by 1.6 and 1.7 fold in the absence and in the presence of Na<sup>+</sup> respectively, being the highest in the presence of Na<sup>+</sup> at pH 6 (Fig. 4a) and indicating PAT1 activity in this Caco-2 clone. We thus investigated the effect of 0.2 and 8 nM leptin on the uptake of 1mM Pro and β-Ala (a PAT1 but not B<sup>0</sup>AT1 substrate) (Broer 2008), at pH 6 in the presence of Na<sup>+</sup> after 5 and 30 min incubation. As shown in Fig. 4b, leptin inhibited Pro transport at 5 and 30 min, with a higher effect at 5 min (~35% *vs* ~15-20%). Likewise, uptake of β-Ala was also reduced (~40-50%) by the two hormone concentrations assayed and at the two incubation times (Fig. 4c). These results suggested that PAT1 activity is also regulated by leptin. However, Western blot assays showed that the expression of PAT1 (~55 kDa) (Dorn *et al.* 2009) in the BBMV was not modified by the hormone. (Fig. 5a)

Because amino acid uptake via human PAT1 in Caco-2 cells is inhibited by activators of the cAMP pathway through inhibition of the Na<sup>+</sup>/H<sup>+</sup> exchanger 3 (NHE3) activity (Anderson *et al.* 2005) and the mechanism of inhibition of β-Ala uptake by leptin did not seem to involve decrease of PAT1 abundance in BBMV, we decided to investigate whether a PKA-dependent pathway could be implicated in this leptin effect. The uptake

of 1 mM  $\beta$ -Ala was measured in  $\text{Na}^+$  medium at pH 6 in the presence of 8 nM leptin in control conditions and after pre-incubation of the cells with 1  $\mu\text{M}$  H-89. As shown in Fig. 5b, H-89 did not modify  $\beta$ -Ala uptake, but clearly blocked the inhibitory effect of leptin on  $\beta$ -Ala uptake indicating PKA involvement. To check the possible participation of NHE3 on leptin inhibition of  $\beta$ -Ala uptake, we measured the effect of 8 nM leptin on 1mM  $\beta$ -Ala uptake at pH 6 in both,  $\text{Na}^+$  and  $\text{Na}^+$ - free medium, condition in which the activity of NHE3 is annulled. As it is shown in figure 5c, in the absence of  $\text{Na}^+$  there was a reduction on  $\beta$ -Ala uptake, similar to that for Pro shown in figure 4a, that was not modified by leptin, indicating that the hormone inhibition of  $\beta$ -Ala uptake is  $\text{Na}^+$ -dependent and may require NHE3 activity.

## DISCUSSION

The present work enlarges previous data about leptin regulation of intestinal nutrient absorption by demonstrating in the human intestinal cell line Caco-2 that leptin, acting from the apical membrane, can rapidly inhibit sugar and amino acids uptake. This inhibition is accompanied by a decrease in the amount of SGLT1, B<sup>0</sup>AT1 and ASCT2 proteins in the brush border membrane of the cells but not of PAT1.

These results are in line with previous studies from our laboratory that have extensively demonstrated in rodents, *in vitro* and *in vivo*, the fast inhibitory effect of luminal leptin on sugar absorption, already observed after 2-3 min incubation with the hormone (Barrenetxe *et al.* 2001, Ducroc *et al.* 2005, Iñigo *et al.* 2004, Iñigo *et al.* 2007, Lostao *et al.* 1998, Sakar *et al.* 2009) and the decrease in the abundance of the  $\text{Na}^+$ -glucose co-transporter SGLT1 protein in the brush border membrane (Ducroc *et al.* 2005). These observations on murine intestine are now confirmed in the Caco-2 cell line, a model of human intestinal epithelium, in which the presence of leptin receptors is well

documented (Buyse *et al.* 2001). Here, apical leptin inhibits MG uptake after a short incubation period, and this inhibition is accompanied by a decrease in the amount of SGLT1 in the apical membrane of the cells. In contrast to the studies in rat (Barrenetxe *et al.* 2004), in Caco-2 cells, this effect is not PKA-dependent.

In continuation with our studies, we recently demonstrated in rat, a short-term down-regulation by luminal leptin of two of the Na<sup>+</sup>-dependent transporters involved in Gln absorption: ASCT2 and B<sup>0</sup>AT1 (Ducroc *et al.* 2010). In Caco-2 cells, the expression of ASCT2 has been demonstrated (Nose *et al.* 2010) and the presence of a Na<sup>+</sup>-dependent Gln transport system ascribed to system B has been described (Souba *et al.* 1992) although its molecular identity has not been identified yet. Here, we demonstrate functionally and biochemically in the Caco-2 cell line that both ASCT2 and B<sup>0</sup>AT1 are present and regulated by leptin. Moreover, we show that a PKA-dependent intracellular pathway is involved in leptin inhibition of Gln uptake. Since ASCT2 exhibits a micromolar K<sub>0.5</sub> for Gln (Utsunomiya-Tate *et al.* 1996) whereas B<sup>0</sup>AT1 K<sub>0.5</sub> is ~0.6-4 mM (Broer *et al.* 2004, Broer 2008) we performed competition experiments to discriminate between these transporters. As previously reported in rat (Ducroc *et al.* 2010), uptake of 20 μM Gln was not inhibited by 25 mM Phe, a specific substrate of B<sup>0</sup>AT1, indicating that the high affinity transporter ASCT2 is responsible for Gln uptake at that concentration. Since this transport can be decreased by leptin, it shows that ASCT2 is present in Caco-2 cells and is regulated by the hormone. Furthermore, direct measurement of ASCT2 protein, achieved by Western blot analysis, indicated that in the presence of Gln, leptin decreased the amount of ASCT2 in BBMVs, as previously found in rat intestine (Ducroc *et al.* 2010). Uptake of 0.1 mM Phe, which is mainly mediated by B<sup>0</sup>AT1 (Broer 2008), was also inhibited by leptin, which decreased B<sup>0</sup>AT1 abundance in BBMVs as well. As it has been reported in rat intestine (Ducroc *et al.*

2010), the lower control uptake values for 0.1 mM Phe compared with the control uptake values for 0.1 mM Gln, would be explained by the lower affinity of B<sup>0</sup>AT1 compared with ASCT2 [Broer *et al.* 2004, Broer 2008, Utsunomiya-Tate *et al.* 1996]. Altogether these data confirm in the human model of epithelial intestinal cells the results found in rat intestine and demonstrate for the first time the expression of B<sup>0</sup>AT1 protein in these cells.

Caco-2 cell line also expresses the H<sup>+</sup>-dependent Pro and β-Ala transporter PAT1 (Anderson *et al.* 2004, Chen *et al.* 2003, Thwaites *et al.* 1993) and it has been suggested that in differentiated Caco-2 cells, PAT1 is the major transporter for Pro (Metzner *et al.* 2004). Here, we confirm the implication of PAT1 in the intestinal uptake of Pro, as the acidification of the medium significantly stimulated the uptake of the amino acid in the presence and the absence of Na<sup>+</sup>.

The cooperative functional relationship between PAT1 and the Na<sup>+</sup>/H<sup>+</sup> exchanger NHE3 (Anderson *et al.* 2004) could explain the Na<sup>+</sup> dependence of Pro uptake herein found and previously observed in rat intestine (Iñigo *et al.* 2006). It is noteworthy that the assays to determine leptin effect on Pro and β-Ala uptake were performed in the presence of Na<sup>+</sup> and pH 6. Leptin inhibited Pro and β-Ala uptake demonstrating the inhibitory effect of the hormone on PAT1 transporter in the Caco-2 cell line. The Western blot experiments, however, did not show reduction of PAT1 abundance in the apical membrane of the cells after treatment with the hormone. As previously mentioned, activity of the apical Na<sup>+</sup>/H<sup>+</sup> exchanger maintains the H<sup>+</sup> electrochemical gradient necessary for the correct functionality of PAT1 (Anderson *et al.* 2004, Seidler *et al.* 2008). Moreover, it has been demonstrated that activation of cAMP/PKA pathway decreases the activity of the Na<sup>+</sup>/H<sup>+</sup> exchanger NHE3 (Anderson & Thwaites 2005) and indirectly inhibits PAT1, in line with the fact that PAT1 has no intracellular PKA

phosphorylation sites (Chen *et al.* 2004). On the other hand, it is well known that leptin is able to activate PKA (Barrenetxe *et al.* 2004, Than *et al.* 2011). Our results with H-89 are in accordance with these data since we show the implication of PKA in leptin inhibition of  $\beta$ -Ala uptake and that leptin does not exert its inhibitory effect in the absence of sodium when the  $\text{Na}^+/\text{H}^+$  exchanger activity is blunted. Interestingly, it has been demonstrated that NHE1 activity is regulated by leptin in erythrocytes where leptin receptors are expressed (Konstantinou-Tegou *et al.* 2001), which support that the  $\text{Na}^+/\text{H}^+$  exchangers are leptin targets. Therefore, we suggest that leptin would alter the activity of the  $\text{Na}^+/\text{H}^+$  exchanger with the corresponding decrease in the  $\text{H}^+$  gradient, PAT1 activity and final reduction of Pro and  $\beta$ -Ala uptake. Therefore, we suggest that the primary action of leptin would be the inhibition of NHE3 activity with the corresponding decrease in the  $\text{H}^+$  gradient, PAT1 activity and finally a reduction of Pro and  $\beta$ -Ala uptake.

It has been reported in monolayer of Caco-2 cells grown and differentiated on permeable supports that luminal leptin produces, after 30 min incubation, an increase in both uptake of dipeptides by the  $\text{H}^+$ -dependent transporter PEPT1 and translocation of the transporter from the intracellular pool to the plasma membrane (Buyse *et al.* 2001). In the case of PEPT1 and under those experimental conditions, it is possible that, besides the inhibitory effect on NHE3 activity, leptin could up-regulate PEPT1 expression in the plasma membrane, which would overcome the effect on dipeptides uptake related to a reduction of the  $\text{H}^+$  gradient.

Leptin also enhances CD147/MCT-1 mediated uptake of butyrate but, in this case, the effect requires at least 12 h and is due to increase in the intracellular pool of MCT-1 and translocation of CD147/MCT-1 to the apical plasma membrane (Buyse *et al.* 2002).

In summary, leptin modulates sugar and amino acid uptake in human Caco-2 cell line in a short-term manner, in line with its physiological role as gastric delivered hormone acting on epithelial cells of the small intestine. The present results together with previous data from the literature show that leptin regulation of nutrients absorption is fast (occurring already at 5 min); is reversible (Iñigo *et al.* 2007); produces increase or decrease on the absorption which is around 35 % of the control values and never higher than 50%; affects various nutrients including sugars (Barrenetxe *et al.* 2001, Ducroc *et al.* 2005, Lostao *et al.* 1998, Sakar *et al.* 2009) amino acids (Ducroc *et al.* 2010) peptides (Buyse *et al.* 2001) and short chain fatty acids (Buyse *et al.* 2002); and in most cases involves the recruitment or insertion of the corresponding transporters into the apical membrane of the enterocytes (Buyse *et al.* 2001, Ducroc *et al.* 2005, Ducroc *et al.* 2010). Therefore, leptin is a major physiological molecule which participates in the modulation of nutrients absorption adjusting their entry into the enterocytes according to its needs.

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**Disclosures**

No conflicts of interest, financial or otherwise, are declared by the authors.

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## LEGENDS TO FIGURES

**Figure 1** Effect of leptin on MG uptake by Caco-2 cells. (a) MG (0.1 mM) uptake after 5 and 30 min incubation was measured in the absence and in the presence of 0.2 or 8 nM leptin. Data (n= 47-53) are expressed as % (mean  $\pm$  SEM) of control values (0 leptin). \*p<0.05; \*\*\*p<0.001 vs control. (b) Expression of SGLT1 protein (75 kDa) in BBMV of Caco-2 cells obtained after 30 min incubation of the cells with 0.1 mM MG in the presence and in the absence of 8 nM leptin. The intensity of the immunoreactive bands (transporter/ $\beta$ -actin) is expressed in % of control (MG) n=3. A representative Western blot image is also represented. \*\* p<0.01 vs MG. (c) Effect of leptin and the PKA inhibitor H-89 on MG uptake. After 30 min pre-incubation of the cells without or with 1 $\mu$ M H-89, 0.1 mM MG uptake (30 min) was measured in the absence of leptin (control; H-89) and in the presence of the hormone at 8 nM (leptin; leptin+H-89). Data (n=12-48) are expressed as % (mean  $\pm$  SEM) of control uptake. \*\*\* p< 0.001 vs. control.

**Figure 2** Effect of leptin on Gln and Phe uptake by Caco-2 cells. Uptake of 0.1 mM Gln (a) or 0.1 mM Phe (c) was measured in the absence and in the presence of 0.2 and 8 nM leptin in Na<sup>+</sup> buffer after 5 and 30 min incubation. We took advantage of the distinct affinity of Gln transporters (ASCT2 micromolar and B<sup>0</sup>AT1 millimolar range) to discriminate putative transporters affected by leptin in substrate competition experiments (b). Uptake of 20  $\mu$ M Gln was thus determined in the presence of 8 nM leptin and 25 mM Phe at 30 min incubation. (d) Uptake of 0.1 mM Gln was measured for 30 min in the presence and absence of 8 nM leptin in Na<sup>+</sup> buffer and Na<sup>+</sup>-free buffer

(D). Data in each graphic (n=13-38) are expressed as % (mean  $\pm$  SEM) of control uptake (0 leptin, +Na<sup>+</sup>). \* p<0.05; \*\* p< 0.01; \*\*\* p<0.001 vs control.

**Figure 3** (a) Expression of ASCT2 (~60 kDa) and B<sup>0</sup>AT1 (~60 kDa) protein in BBMV of Caco-2 cells. BBMV were obtained after 30 min incubation of the cells with 0.1 mM Gln in the presence and in the absence of 8 nM leptin. The intensity of the immunoreactive bands (transporter/ $\beta$ -actin) is expressed in % of control (Gln; n=3). A representative Western blot image is also represented. \* p<0.05; \*\* p<0.01 vs Gln. (b) Effect of leptin and the PKA inhibitor H-89 on Gln uptake. After 30 min pre-incubation of the cells without or with 1 $\mu$ M H-89, 0.1 mM Gln uptake (30 min) was measured in the absence of leptin (control; H-89) or in the presence of the hormone at 8 nM (leptin; leptin+H-89). Data (n=12-36) are expressed as % (mean  $\pm$  SEM) of control. \*\* p<0.01; \*\*\* p<0.001; vs control; ## p<0.01 vs leptin.

**Figure 4** Effect of leptin on Pro and  $\beta$ -Ala uptake by Caco-2 cells. (a) Uptake of 1 mM Pro was first measured in Na<sup>+</sup>-free medium (-Na<sup>+</sup>) and in Na<sup>+</sup> medium (+Na<sup>+</sup>) at pH 7.5 and pH 6 (n= 20-30). Uptake of 1 mM Pro (b) or  $\beta$ -Ala (c) at pH 6 in Na<sup>+</sup> medium was measured in the absence and in the presence of 0.2 and 8 nM leptin, after 5 and 30 min incubation. Data in b and c (n= 20-33) are expressed as % (mean  $\pm$  SEM) of control value (0 leptin). \*p< 0.05; \*\* p< 0.01; \*\*\*p<0.001 vs pH 7.5 (A) or control (B, C); # p< 0.05; ## p< 0.01 vs Na<sup>+</sup>-free medium. Control values for Pro uptake in b were 1.1 $\pm$ 0.05 and 2.05  $\pm$ 0.66 nmol mg<sup>-1</sup> of protein at 5 and 30 min respectively. Control values for  $\beta$ -Ala uptake in c were 0.37  $\pm$ 0.02 and 2.05 $\pm$ 0.66 nmol mg<sup>-1</sup> of protein at 5 and 30 min respectively.



**Figure 5** (a) Effect of leptin on PAT1 protein expression in BBMV of Caco-2 cells. BBMV were obtained after 30 min incubation with 1 mM  $\beta$ -Ala in the absence and in the presence of 8 nM leptin (a). The intensity of the ~50 kDa immunoreactive bands (transporter/ $\beta$ -actin) is expressed in % of control ( $\beta$ -Ala; n=4). A representative Western blot image is also represented. (b) Effect of leptin and the PKA inhibitor H-89 on  $\beta$ -Ala uptake. After 30 min pre-incubation of the cells without or with 1  $\mu$ M H-89, 0.1 mM Gln uptake (30 min) was measured in the absence of leptin (control; H-89) and in the presence of the hormone at 8 nM (leptin; leptin+H-89). (c) Uptake of 1mM  $\beta$ -Ala in the absence and in the presence of 8 nM leptin after 30 min in  $\text{Na}^+$  buffer ( $+\text{Na}^+$ ) and  $\text{Na}^+$ -free buffer ( $-\text{Na}^+$ ). Data in each graphic (n=6-32) are expressed as % (mean  $\pm$  SEM) of control value ( $\text{Na}^+$ ). \*p< 0.05; \*\*p< 0.01 vs; \*\*\* p< 0.001 vs control; ### p<0.001 vs leptin.