TABLE 1 Anthropometric features of non-regainer and regainer patients according to the 10% of weight regain classification criterion at baseline (T0).

	All (n=136)	NON-REGAINERS (n=75)	REGAINERS (n=61)	P-value[a]
Age (years)	43.0±1.0	44.0±0.9	41.7±1.0	0.098
Body weight (kg)	95.0±1.4	94.4±1.4	95.8±1.6	0.533
BMI (kg/m^2)	33.4±0.4	33.2±0.4	33.5±0.4	0.651
Fat mass (%)	36.2±0.6	35.7±0.5	36.9±0.6	0.148
Waist circumference (cm)	104.1±1.2	104.2±1.1	104.0±1.2	0.912
Weight loss [kg (%)]	-6.3±0.3 (-6.1±0.2)	-6.4±0.3 (-6.7±0.3)	-5.7±0.3 (-5. 9±0.3)	0.111 (0.054)
Weight regain [kg (%)]	-1.7±0.4 (-2.1±0.4)	-4.7±0.3 (-5.5±0.4)	1.9±0.4 (2.2±0.4)	<0.001 (<0.001)

Data shows mean±SE. ([a]) denotes statistically significant (p<0.05) differences between non-regainers and regainers evaluated by means of an ANCOVA adjusted for gender and cohort.